

Rochester New York Aikido
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Aikido Koki-Kai of Rochester

www.bodymindandmodem.com

250 Cumberland St
Rochester, NY 14605
(585) 325-9160

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Body Mind & Modem

The Body Mind & Modem Web site created by **Aikido Kokikai of Rochester, NY** teaches mind/body principles from the martial art of **Aikido**.

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Body Mind And Modem: Aikido Kokikai of Rochester

Aikido Kokikai of Rochester is one of the many dojos (schools) devoted to teaching Shuji Maruyama's ideas on **Aikido**. It is also the dojo that created the ...

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Martial Art Fitness Centers, Inc.

In 2003 McGouirk Sensei moved to **Rochester** and started teaching **Aikido** at the MAFCI. **Rochester Aikido** is associated with: **Aikido World H.Q.** - Aikikai ...

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